

# WE promote respect

Raise awareness about  
healthy relationships.

## Theme

EQUITY AND HUMAN RIGHTS

## SDG Connection

 QUALITY EDUCATION

## Skills

 REFLECTION

 CRITICAL THINKING

 LEADERSHIP SKILLS

 SOCIAL AND EMOTIONAL LEARNING

AN INITIATIVE OF



# Awareness + Action = Change

Whether with our parents and family members, friends and classmates or our significant others, relationships are a big part of our lives. The bonds we form with other people are what make us human and help us feel connected and happy.

However, when relationships are unhealthy and include things like frequent conflict, pressure, stress, a lack of trust or respect, or other bad feelings, it can make life difficult and frustrating. If emotional, physical or financial abuse is involved, it can also be dangerous. Young people, who may not have the role models, life experience or tools to deal with unhealthy relationships, are especially at risk of long-term effects from relationship violence. For example, teens who are victims of relationship violence report higher rates of truancy, more negative contact with their teachers and increased conflict with other students.

WE Promote Respect helps build understanding of the differences between healthy and unhealthy relationships, and provides tools to navigate and disengage from unhealthy relationships and instead form bonds with others that will enrich your life rather than endangering it.

## FACT:

*1 in 3 young people will experience dating abuse.*



## Campaign in Action

WE Promote Respect is a brand new campaign! If your school or group participates in this campaign, please share your story with us for a chance to be featured as our "Campaign in Action" here next year!

# Ways to Take Action

## Promote healthy, respectful relationships for young people.

**Blended Education Idea:** Come up with a list of rules or a “Community Code” for your class that makes people feel included from a digital and in-person learning experience. Create a list of your hopes for the year and some of your fears for this new learning experience.



### GRADES 4–6

- ▶ Learn about the rules your school has in place to make sure students engage in safe, healthy relationships with one another.
- ▶ Share information and facts about healthy relationships with fellow classmates. You could make posters or make announcements over your school’s PA system.
- ▶ Talk with your family about healthy and unhealthy relationships, and how family and friends can help you through difficult times.

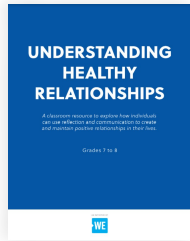
### GRADES 7–8

- ▶ Learn about the rules your school has in place to make sure students engage in safe, healthy relationships with one another. Find out if your school has policies related to relationships and dating.
- ▶ Host a “Lunch and Learn” event where students meet to discuss the policies your school has. If your school doesn’t have a policy, have a discussion around what you can do to advocate for one to be created.
- ▶ If you notice a friend or someone you know in your community is in an unhealthy relationship, offer your support.

### GRADES 9–12

- ▶ Learn more about your school’s Title IX policy or policy around relationship violence and sexual violence.
- ▶ Write a blog post or create a positivity campaign on social media or in your community to spread uplifting messages of hope to anyone looking for support.
- ▶ Host a #ChalkAboutLove event, a dating abuse awareness event with a pop of color and art. Find out more: [tinyurl.com/y83ot8l3](https://tinyurl.com/y83ot8l3).

## CLASSROOM RESOURCE



## Understanding Healthy Relationships

With our Classroom Resources, educators can integrate service-based learning into their curriculum to broaden students' understanding of issues they are passionate about. Download the pdf at [WE.org/WVLC](https://www.we.org/WVLC) for tools and information to explore the fundamentals of healthy relationships and the effects they have on our lives.

Grade Levels	Subject Connections	Learning Goals	Skills Developed
7 to 8	<ul style="list-style-type: none"> <li>English Language Arts</li> <li>Health and Physical Education</li> <li>Social Studies</li> </ul>	<ul style="list-style-type: none"> <li>Understand the importance of developing healthy relationships while recognizing the negative consequences of unhealthy relationships.</li> <li>Demonstrate the ability to advocate for yourself within relationships.</li> <li>Evaluate your approach to interpersonal relationships by assessing the boundaries that you accept and promote.</li> </ul>	<ul style="list-style-type: none"> <li>Action planning</li> <li>Research and writing</li> <li>Argument formation</li> <li>Organization</li> <li>Reflection</li> <li>Information literacy</li> <li>Critical thinking</li> <li>Leadership skills</li> <li>Empathy</li> </ul>
9 to 12	<ul style="list-style-type: none"> <li>English Language Arts</li> <li>Health and Physical Education</li> <li>Social Studies</li> </ul>		

## Tech for Good Badge

### Become future ready by learning and using digital skills.

Create an online blog to teach your classmates about how to develop and maintain healthy relationships and how to identify needs and wants in a relationship.

**Go further:** Don't forget to share online resources with everyone so they can look up information and read relevant articles. Use [#WEpromoteRespect](https://www.tiktok.com/tag/WEpromoteRespect).



# Get Doing

## STEP 1: Investigate and Learn

What relationship aspects are you and your group passionate about? Before taking action, learn more about the issues you care about and research which organizations you would like to volunteer for. Feel free to start with the Exploring Issues activity to see what issues are affecting communities across the country and spark your do-good action.

### CHECKLIST

- Check out the Issue Cards
- Create an Action Plan
- Visit [WE.org/WWLC](https://www.we.org/WWLC) for resources
- Put up posters or share a digital version
- Print out and distribute the resources
- Share on social media with [#WEPromoteRespect](https://www.instagram.com/#!/WEPromoteRespect)
- Complete your Tech for Good badge survey



### What did you learn?

What relationships are you passionate about learning more of? \_\_\_\_\_

What rules does your school have in place to make sure students feel safe? \_\_\_\_\_

What are some ways you could educate those around you about healthy relationships? \_\_\_\_\_

### Now zone in on your own community!

Learn about healthy relationships in your own backyard by and mapping the the people in your life.

What relationships are apparent in your life? What issues were you most surprised by? \_\_\_\_\_

What relationships are the most important to you? \_\_\_\_\_

How can you help share information and facts with fellow classmates? \_\_\_\_\_

## STEP 2: Action Plan

You can plan multiple plans for taking action actions throughout your school and community or put all your effort into planning one big event! Remember your action doesn't have to be in-person and should not put yourself or others at risk. Practice safe social distancing and decide your goal.

### SET YOUR GOAL

What healthy relationship topic will you take action on? \_\_\_\_\_

\_\_\_\_\_

When will you carry out your action plan? \_\_\_\_\_

How will you be measuring your impact? (E.g., hours, actions, events.) \_\_\_\_\_

More people means more impact! How will you rally together and increase participation in your campaign?

\_\_\_\_\_

### Create a Timeline

Create a timeline to help plan your actions! Plot the steps your group will take to gear up for your actions around the school or community, including how you will rally people together to participate.

1. \_\_\_\_\_ 6. \_\_\_\_\_

2. \_\_\_\_\_ 7. \_\_\_\_\_


3. \_\_\_\_\_ 8. \_\_\_\_\_

4. \_\_\_\_\_ 9. \_\_\_\_\_

5. \_\_\_\_\_ 10. \_\_\_\_\_

### Materials List

What supplies will you need?



## STEP 3: Take Action

It's time to take action! Rally your friends and community members together to do good. By raising awareness you will be making a positive difference not just in the relationships in your community but also in the relationships in your own life and those closest to you!

***Tip: Get creative and find a fun way to rally people together such as making a catchy name to raise awareness or hosting an event online or in-person!***



Share your pictures, progress and actions on social media with **#WEPromoteRespect**.

### Reflect

How did it feel to help others? Do you feel like you had an impact? \_\_\_\_\_

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Why is it important to ask others to join you? \_\_\_\_\_

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How will you take your actions further to educate others about the importance of healthy relationships? \_\_\_\_\_

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## STEP 4: Report and Celebrate

### Report

Who did you impact the most with your actions? \_\_\_\_\_

How many people joined you in taking action? \_\_\_\_\_

What have you learned about the importance of Healthy Relationships? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Celebrate

Make sure you celebrate and share the success of your campaign, and reward yourselves for all your hard work.

- Share photos of your actions with your school, community and on social media.
- Record the highlights of your event day and create a video.

## THANK EVERYONE WHO SUPPORTED YOUR CAMPAIGN!

Use this space to brainstorm fun ideas to celebrate your impacts. (Eg., host a school assembly or virtual party.)

## Find More Online

Visit [WE.org/WVLC](https://www.we.org/WVLC) or more stats, information and downloadable posters and infographics to help you make a difference. Plus, don't forget to share these on social media with [#WEPromoteRespect](https://twitter.com/WEPromoteRespect)